

Pathways

PRESS

October

2023

Upcoming Events

- Planted in Pathways.....October 4th
- Mac Peds Resident Talk.....October 12th
- Post-Secondary Info Nights.....October 17 & 25
- ..
- Grade 9 Toronto/TMU Trip.....October 20th
- Cherry Hill Fall Hike.....October 20th
- Mac Arts WorkshopOctober 23rd
- Cooking With GratitudeOctober 31st

Join Pathways for a Fall Hike

CHERRY HILL TRAIL

Friday, October 20, 2023

11am-3pm

Bus pick-up: 11am

Missions & Compass

*snacks provided








Pathways is

CLOSED



Monday October 9th 2023

We wish you a safe and happy
Thanksgivings!

Pathways programming and Pathways Coaches will be unavailable on this day. We will be back on Tuesday October 10th.
See you then!

Welcome

AUTUMN



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**Welcome our new
Pathways Coaches!**

Tianna



“My name is Tianna - just like the Disney Princess! I am a fun-loving girl who loves listening to music, cooking new recipes and spending time with friends/family.

You can call me Coach T!”



tdowney@compassch.org



289-683-6084

Destiny



“Hi all! My name is Destiny, and I'm so excited to work with Pathways students this year. When I'm not coaching, you can find me watering plants, hunting mushrooms, or lost in a ball of yarn "knitting".”



dpitters@compassch.org




289-683-6104

Make sure you say hi to them and
welcome them to Pathways!



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POST-SECONDARY INFORMATION NIGHTS

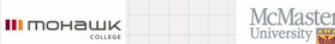

Learn about College and University programs, services and life on campus!

**Tuesday, October 17th
&
Wednesday, October 25th**

4:00pm - 6:00pm

Virtual Event: Get the Teams link from your Pathways Coach

Virtual event where you get to meet and connect with College and University representatives. Get your questions answered easily. Attend BOTH sessions if you want to hear from each of the college and university representatives.





A MCMASTER PEDIATRIC RESIDENT TALKS

YOUTH TOPIC - TO BE ANNOUNCED

JOIN THE TALK ONLINE
LEARN FROM A DOCTOR
EARN VOLUNTEER HOURS

OCTOBER 12: 4:00PM - 5:00PM



Grade 9 Toronto Trip

Visit Toronto Metropolitan University and Explore Downtown Toronto with Pathways

Dare to Dream



Explore downtown Toronto and see how Toronto Metropolitan University can expand your horizons!

Friday October 20th

9:00am to 6:00pm

Grade 9 Only

Lunch Provided!

Bus Meeting Locations

Mission Services 9:00am

Compass CH 9:15am



What's a ghost's favorite street? A dead end

How do skeletons make calls? On the tele-bone



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October 2023



REGISTER NOW

Pathways
to Education

Tutoring



Coaching



Scholarships



Workshops



**Register by
October 31!**

905 - 523 - 6719 or pathways@compassch.org
www.compassch.org/pre_registration

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Need Volunteer Hours?



Join your friends and Coaches at Pathways to clean up the neighbourhood and earn community service hours for graduation

November 1
4:30 PM
Mission Services
(196 Wentworth St N)

November 2
4:30 PM
Compass CH
(438 Hughson St N)

*Please sign up with your Coach

Pathways
to Education



COMPASS
COMMUNITY HEALTH



What do you get when you drop a pumpkin? Squash.



Where do spiders do their online shopping? On the web



NO BAKE CHOCOLATE CHIP PUMPKIN BARS

INGREDIENTS:

1 1/2 cups flour
1/4 cup whole oats
1/2 cup pumpkin puree
1/3 cup maple syrup
1/2 teaspoon pumpkin spice
1/4 cup peanut butter
1/4 - 1/2 cup chocolate chips.



INSTRUCTIONS:

1. Line a 9 x 9 baking dish with parchment paper, set aside.
2. Combine all ingredients and stir well to mix thoroughly.
3. Pour the mixture into the baking dish. Cover with parchment paper on top and smooth the top.
4. Chill for at least 3 hours in the refrigerator or one hour in the freezer.
5. Once firm enough, cut into bars and serve

Turn your
PASSIONS into
PATHWAYS
at Shad2024



SCHOLARSHIP ALERT!

Earn
FULL SCHOLARSHIPS
for Pathways to Education
youth

Apply by Dec 1 at shad.ca/apply

Scholarships provided by Shad's generous donors



Pathways

PRESS

October
2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Planted in Pathways 	5	6
9 HAPPY Thanksgiving Pathways will be closed	10	11	12 Mac Peds Resident Talks	13
16	17 Post-Secondary Info Session	18	19	20 Toronto Trip Fall Hike
23 Mac Arts Session	24	25 Post-Secondary Info Session	26	27
30	31 Baking 	Sweater Weather 		

After School Programming

Monday and Wednesday at Mission Services
Tuesday and Thursday at Compass Community Health
4pm - 7pm

ONLINE Tutoring

Monday - Thursday
on Teams
4pm - 7pm