

Pathways PRESS

June 2023

Upcoming Events

- Let's Celebrate Pride.....June 1st
- Grub CrawlJune 6th
- End of Year CelebrationJune 13th
- Last Day of Programming.....June 24th
- OSAP and Pathways Scholarship SessionsEvery Thursday

Monday June 26th will be our

LAST DAY

of Pathways Programming



We wish you a safe and happy summer!
Pathways Programming will be back in September.

LET'S CELEBRATE

PRIDE



THURS JUNE 1ST AT 4 PM
@ COMPASS COMMUNITY HEALTH

HAPPY PRIDE MONTH!
Pathways supports and celebrates our 2SLGBTQIA+ students and community. Join us on June 1st for our pride celebration! Talk to your coach to attend.

JAMES ST N.

Food

Grub Crawl

Join us for a taste at Hamilton's best restaurants!!

Tuesday, June 6 @ 4:00pm
Meet at Compass

DAVE IS BACK!
To celebrate we have hidden a picture of him in this Pathways Press. Can you find him?



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Pathways to Education

COMPASS COMMUNITY HEALTH



OSAP & Pathways Scholarship Application

- Going to College or University in the Fall?
- Have you confirmed your program?
- Get support to apply for OSAP and your Pathways Scholarship

Apply for OSAP by June 30th!

- ✓ Parent's 2022 tax info
- ✓ Social Insurance Number
- ✓ Online Banking

Connect with your Pathways Coach to register

- On Zoom
- Thursdays
- May 18 -
- June 22nd
- 4pm-6pm



COME AND JOIN IS FOR THE NIGHT!

4:30 - 6:30 PM

THERE WILL BE:
FACE PAINTING
PHOTO BOOTH

SNACKS

GAMES

PRIZES!

COMPASS COMMUNITY HEALTH CENTER

438 HUGHSON ST. N,
HAMILTON, ON L8L 4N5



CONGRATULATIONS TO OUR TWO SHAD CANADA SCHOLARSHIP RECIPIENTS AS THEY HEAD TO A CANADIAN UNIVERSITY FOR THE MONTH OF JULY! VISIT WWW.SHAD.CA TO LEARN MORE



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Exam Tips from our volunteer Rochelle!



We interviewed one of our Pathways volunteers, Rochelle, who is a McMaster University graduate, with a Master's degree in Chemistry. Rochelle has certainly had her share of exams, and has some great wisdom to pass on. Here are her great tips:

STUDYING



1. Don't cram! Start studying and reviewing ahead of time. Your brain is a funnel so it takes time and multiple sessions to retain material

Active recall is a great study strategy. Instead of studying by highlighting your notes, try this:

- Quiz yourself on the information
- After you've reviewed, make summaries of the information without looking



2.

3.

Go into the exam confident and positive! The change in attitude can influence your performance!

Before starting the exam, go through and identify all the questions that you can easily do. Do these questions first so you don't spend so much time on the questions that you may get stuck on. If you get stuck on a question, move on and come back to it at the end

5.

If you are unsure of an answer to a question, don't leave it blank because you could get part marks (which is better than no marks!)

4.

GOOD LUCK!



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HELLO SUMMER FESTIVALS!



Check out all of these amazing events!

For all the details check out tourismhamilton.com



Hamilton Arts Week
June 8, 2023 to June 17, 2023
www.hamiltonartscouncil.ca



SOMETHING ELSE! Festival
June 23, 2023 to June 25 2023
www.somethingelsefestival.com

Art Crawl on James North
June 9, 2023; July 14, 2023; August 11, 2023

Soaring Spirit Powwow Festival
June 24, 2023 to June 25 2023

Train Days
with the **Golden Horseshoe Live Steamers**
Hamilton Museum of Steam & Technology
June 10, 2023; June 25, 2023; July 30, 2023

Festival of Friends
August 4, 2023 to August 6 2023
www.festivaloffriends.ca

Decoration Day
Dundurn National Historic Site
June 11, 2023

Dundas Cactus Festival
August 18, 2023 to August 20 2023
www.dundascactusfestival.ca

FrancoFEST
June 16, 2023 to June, 18 2023
www.francofesthamilton.ca



Winona Peach Festival
August 25, 2023 to August 27 2023
www.winonapeach.com

Open Streets
June 18, 2023

Pride Hamilton at Pier 4
August 27, 2023
www.pridehamilton.com



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Monday

Tuesday

Wednesday

Thursday

Friday



			1 OSAP and Pathways Scholarship Session	2
5	6 Grub Crawl	7	8 OSAP and Pathways Scholarship Session	9
12	13 END OF YEAR CELEBRATION!	14	15 OSAP and Pathways Scholarship Session	16
19	20	21	22 OSAP and Pathways Scholarship Session	23
26 LAST DAY of Pathways Programming	27	28	29	30

IN-PERSON Tutoring

Monday and Wednesday at **Mission Services**
 Tuesday and Thursday at **Compass Community Health**
 4pm - 7pm

ONLINE Tutoring

Monday - Thursday
 on Zoom
 4pm - 7pm