

Pathways PRESS

December 2022

Upcoming Events

Mac Peds Volunteer Opportunity.....December 6

McMaster Art Program - Lino Cut
Print MakingDecember 12

Holiday Dinner
Volunteer OpportunityDecember 6, 13 & 14

Swipe through for more information!

Pathways to Education

CLOSED

**Monday December 26th 2022
- Friday January 6th 2023**

**We wish you a safe and happy winter break,
and a Happy New Year!**

Programming will resume Monday January 9th 2023.



Holiday Dinner
for Our Senior Community

Compass Community Kitchen

December 6 @ 4pm: Baking
December 13 @ 4pm: Cooking
December 14 @ 3:30pm: Serving

Help prepare a Holiday meal and earn community service hours.



Pathways to Education | COMPASS COMMUNITY HEALTH

Post-Secondary Application Sessions

- Get support to apply.
- Connect with a college/university rep.
- Use up to \$250 of your Pathways Scholarship

Connect with your Pathways Coach to register

**Thursdays in December:
1, 8, 15 & 22
4pm-6pm**

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2022

Light up Your Winter Break!



Make a sweet treat

Visit Art Gallery of Hamilton



Go outside

Skate at Bayfront



Read a book



Get creative

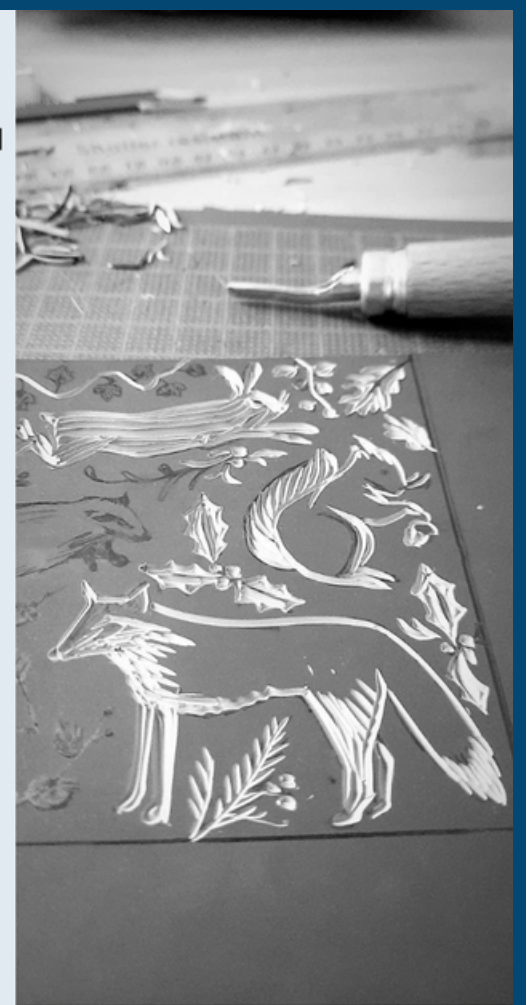


MAC ARTS PRESENTS

LINO-CUT PRINTS

Make your own greeting cards!

Monday, Dec.12
@ 4:00pm
Compass



What is Frosty's favourite food?

Brrrrrrr - itos



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Out and about with Pathways...

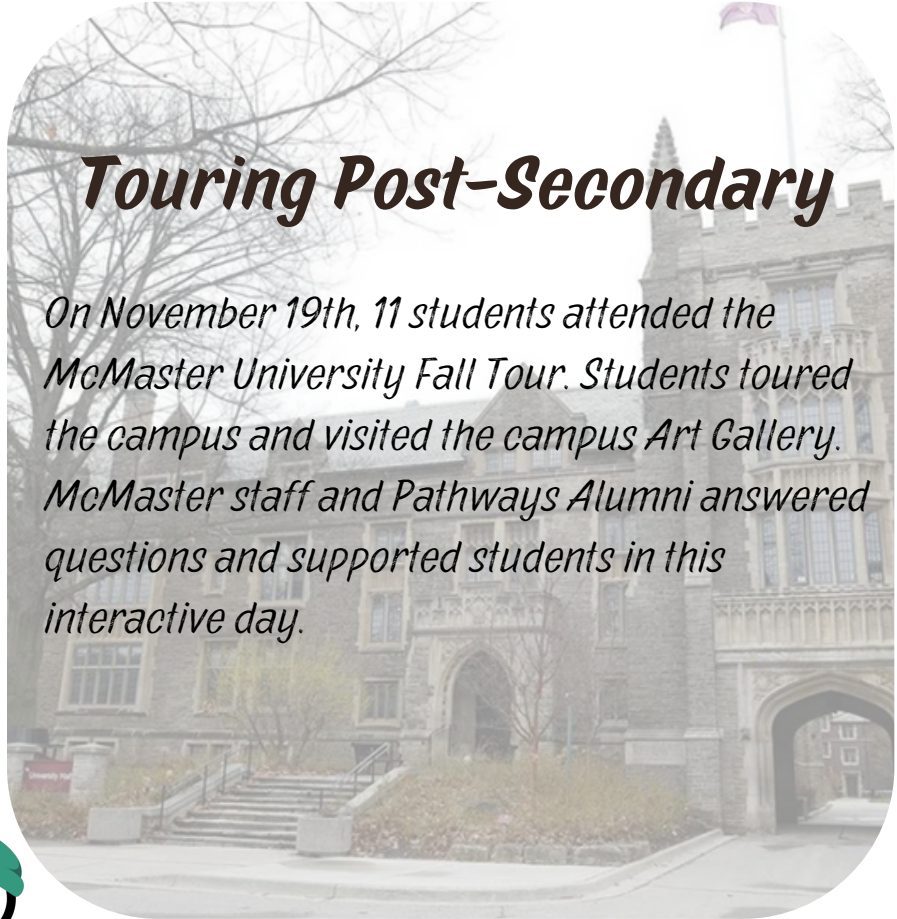
Hiking the Trails

In late October, 15 students enjoyed a beautiful fall day at the Royal Botanical Gardens. Students explored trails and took in the wonder and beauty of nature in the fall.



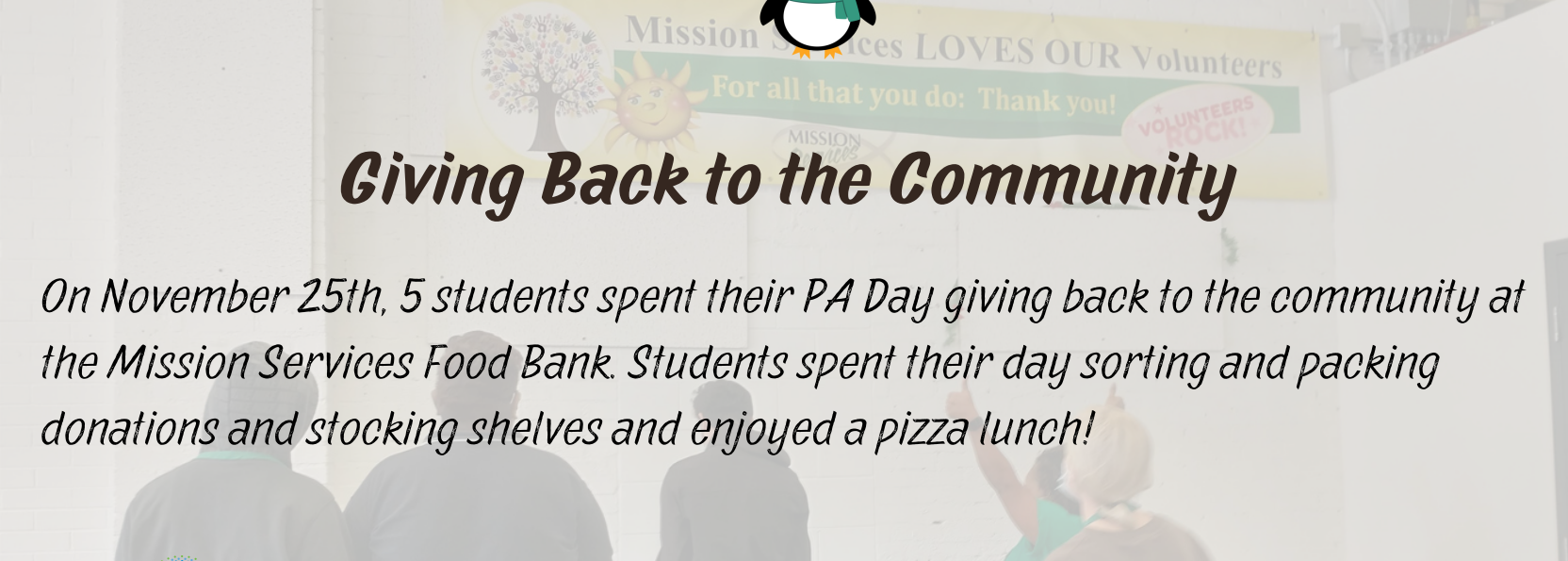
Touring Post-Secondary

On November 19th, 11 students attended the McMaster University Fall Tour. Students toured the campus and visited the campus Art Gallery. McMaster staff and Pathways Alumni answered questions and supported students in this interactive day.



Giving Back to the Community

On November 25th, 5 students spent their PA Day giving back to the community at the Mission Services Food Bank. Students spent their day sorting and packing donations and stocking shelves and enjoyed a pizza lunch!



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Pathways Word Search

R E B M E C E D S R O H L F S
 I Y U Q E K K X Z E H A H U E
 U H N E L G R M M N C P T U H
 G N I R O T U T A N Q P W E C
 C T U W P M X R C I X Y I R A
 P O U Z O O U U P D X H B J O
 Q S M C U D C M E Y E O G P C
 D E I P O B L Z D A V L O Y C
 E R L Q A N Z O S D J I A B A
 O Z I Q S S I L C I T D C A S
 P C Y L W P S L G L W A W D Q
 S K A T I N G H K O A Y Z Q H
 C B V A X H Y W N H W S F S A
 M I S S I O N S E R V I C E S
 G N I R E E T N U L O V W L L

- | | | |
|----------------|----------------|------------------|
| Coaches | Cold | Compass |
| December | Happy Holidays | Holiday Dinner |
| Lino Cut | MacPeds | Mission Services |
| Pathways Press | Skating | Snow Day |
| Tutoring | Volunteering | |

A MCMASTER PEDIATRIC RESIDENT TALKS

DENTAL HYGIENE

JOIN THE TALK ON ZOOM
 LEARN FROM A DOCTOR
 EARN VOLUNTEER HOURS

DECEMBER 6TH 4:00PM - 5:00PM

Pathways to Education | COMPASS COMMUNITY HEALTH | MacPeds Training the next generation of pediatricians



Pathways PRESS

December
2022

Monday

Tuesday

Wednesday

Thursday

Friday

				1	2
				Post-Secondary Application Session	
5	MacPed Talks 6 Virtual Volunteer Op Holiday Dinner Volunteer Opportunity		7	8	9
				Post-Secondary Application Session	
McMaster Art Activity @Compass 12 	13		14	15	16
	Holiday Dinner Volunteer Opportunity			Post-Secondary Application Session	
19	20		21	22	23
				Post-Secondary Application Session	
26	27		28	29	30

Winter Break - Pathways Programming CLOSED

IN-PERSON Tutoring

Monday and Wednesday at **Mission Services**
Tuesday and Thursday at **Compass Community Health**
4pm - 7pm

ONLINE Tutoring

Monday - Thursday
on Zoom
4pm - 7pm