

APRIL  
2025

# PATHWAYS PRESS



## Events this Month

- Baking with Gratitude.....April 1st
- Tasty Thursday.....April 3rd & 17th
- Conversation Corner.....Starting April 9th
- MacArts Trip (McMaster).....April 18th
- Team Up to Clean Up.....April 23rd & 24th
- MacPeds.....April 7th, 28th & 29th



## April is Autism Acceptance Month



Autism is a neuro-developmental condition that affects how autistic people interact with the world around them.

## THE "SPECTRUM"

What people think it is:



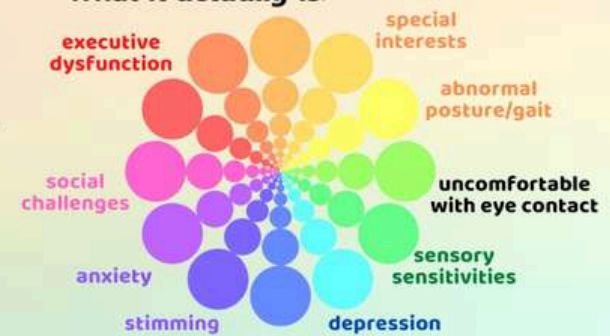
"low functioning"

"high functioning"

All people bounce around the "spectrum" throughout their day, and depending on their environment.

[twoemb.medium.com](https://twoemb.medium.com)

What it *actually* is:



It's important to remember that autism is a spectrum, not a range. A popular community saying is that if you've met one autistic person - you've met one autistic person! Listen to and respect individual needs and traits to be a better ally.



Pathways  
is  
**CLOSED**



Friday April 18th, 2025 and Monday April 21st, 2025

We hope you have a safe and happy long weekend!

Pathways After School Programming and Pathways Coaches will not be available during these days. We will be back on Tuesday April 22nd. See you then!

# PATHWAYS PRESS



Participate in a  
Community  
Cleanup

Learn more at  
[earthday.org](http://earthday.org)

Carry a reusable  
set of cutlery

Recycle

# EARTH DAY everyday

Compost

Remember to turn  
off the lights

Unplug  
chargers after  
charging

Use a reusable  
shopping bag



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**VOLUNTEERS  
MAKE  
WAVES**



**APRIL 27 - MAY 3**

[volunteer.ca/nvw](http://volunteer.ca/nvw) #NVW2025

## Volunteer Spotlight: 'Level Up'

Pathways Hamilton has started a new initiative called 'Level Up' offering literacy programming to students who express interest in spending extra time on strengthening their literacy skills. We could not add elements like this to our programming without the enthusiasm and dedication of our volunteers. A big Thank You to our volunteers who were willing to train and facilitate literacy activities with our students. The flexibility, attention and patience they offer is demonstrated in the time they have given to each student who participates in 'Level Up'.

Volunteers Bill, Derek, Tracey, Mackenzie, and Joe, have gone over and above to support this new program and give students extra practice with their literacy skills. Thank you again!



### April 27 - May 3rd is National Volunteer Week!

This year's theme is 'Volunteers Make Waves'. We can certainly see the positive impact our over 55 volunteers have in the community. Whether it's tutoring students, playing games, engaging in conversation or working on a creative activity - the positive ripples can be seen each day. The time, skills and care that our volunteers give are part of the waves of support that volunteers contribute across Canada, from coast to coast.

**THANK YOU** to each of our volunteers for the ways you make a difference.

*We ♥ our  
Volunteers*



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Bake with Gratitude  
**Mini Egg  
Chocolate Chip  
Cookies**

Bake -Earn-Share

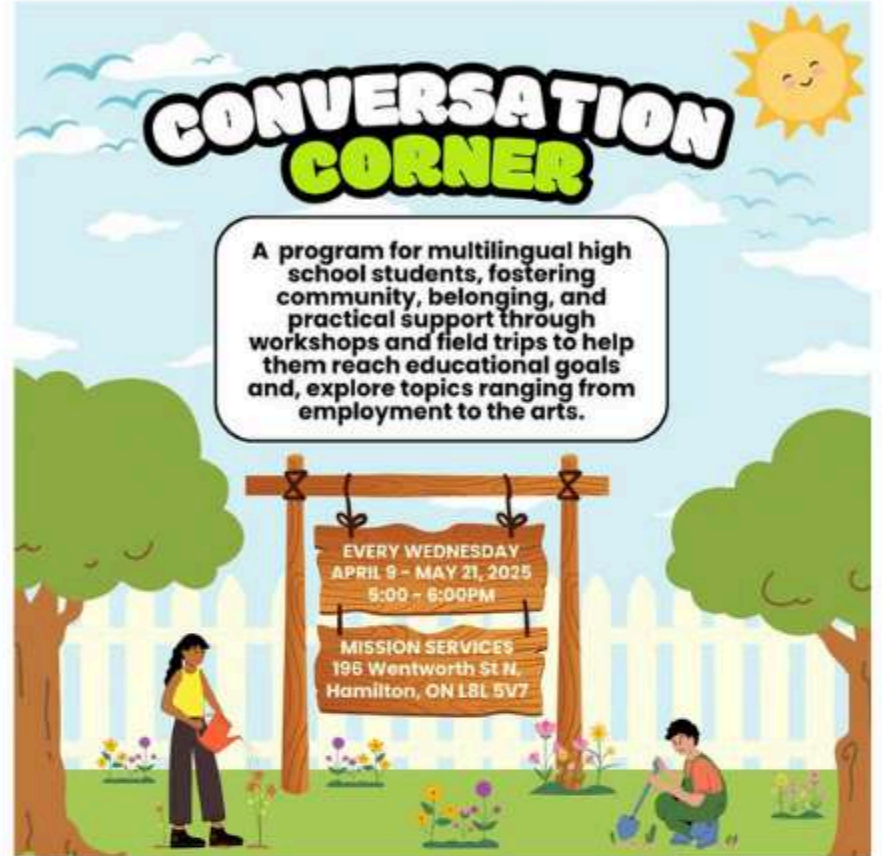


Tuesday, April 1st  
Compass Kitchen  
4:00pm

COMPASS COMMUNITY HEALTH Pathways to Education

## CONVERSATION CORNER

A program for multilingual high school students, fostering community, belonging, and practical support through workshops and field trips to help them reach educational goals and, explore topics ranging from employment to the arts.



EVERY WEDNESDAY  
APRIL 9 - MAY 21, 2025  
5:00 - 6:00PM  
MISSION SERVICES  
196 Wentworth St N,  
Hamilton, ON L8L 5V7

### Need Volunteer Hours?



**TEAM UP  
TO CLEAN UP**

Join your friends and Coaches at Pathways to clean up the neighbourhood and earn community service hours for graduation

April 23 - 4:00pm  
Mission Services  
(196 Wentworth St N)

April 24 - 4:00pm  
Compass CH  
(438 Hughson St N)

\*Please sign up with your Coach

**Pathways**  
to Education



**COMPASS**  
COMMUNITY HEALTH

### Join us! TASTY THURSDAY

@ Compass Community Health, 438 Hughson Street N.

Earn volunteer hours, or come enjoy a homemade meal!  
Next on April 3 & April 17, talk to your coach to sign up.



**COMPASS**  
COMMUNITY HEALTH

**Pathways**  
to Education



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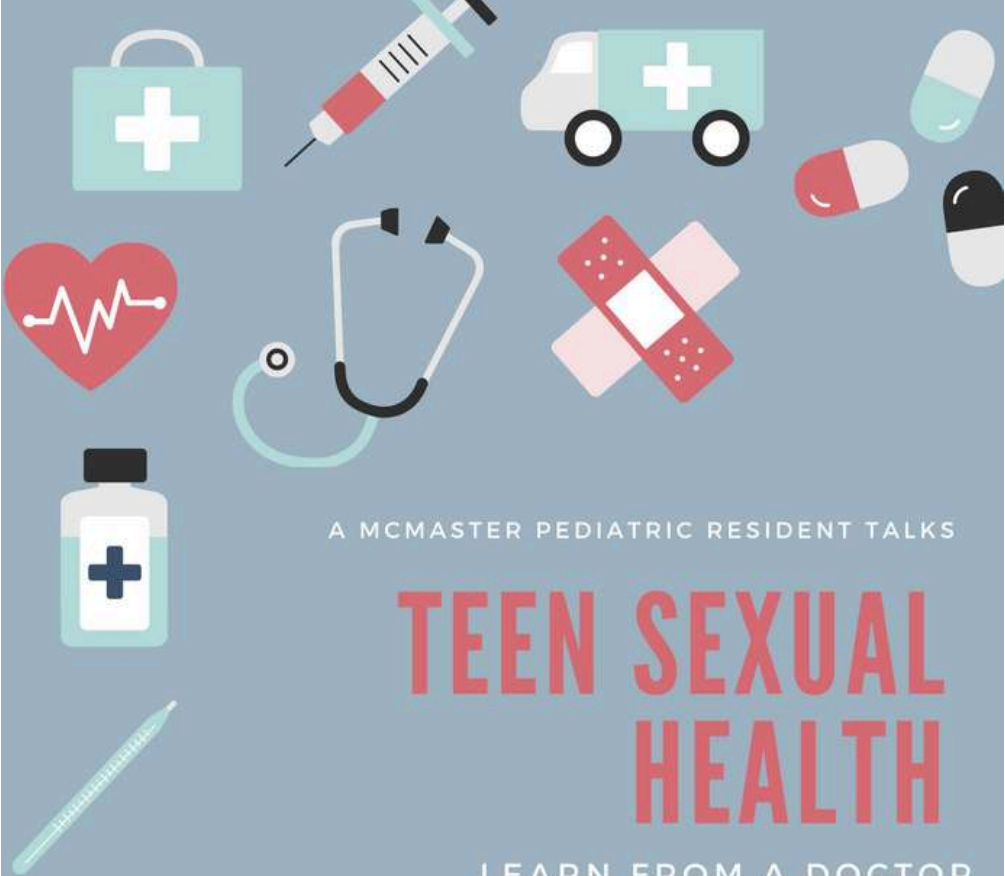

**MAC ARTS TRIP**

— MCMASTER UNIVERSITY ART PROGRAM —

**SIGN UP WITH YOUR PATHWAYS COACH**

**THURSDAY APRIL 17TH @ MCMASTER**

VISIT THE ART MUSEUM, LEARN & SKETCH



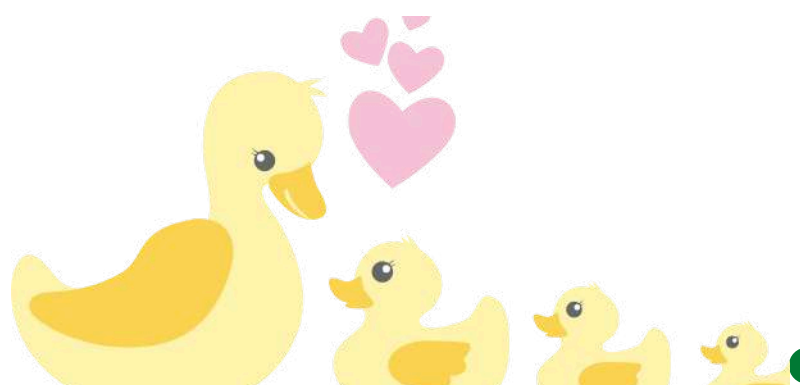



A MCMASTER PEDIATRIC RESIDENT TALKS

## TEEN SEXUAL HEALTH

LEARN FROM A DOCTOR  
SHARE WHAT YOU LEARN  
EARN VOLUNTEER HOURS

**MONDAY APRIL 7 @ 4:00PM**  
**ON ZOOM**

# PATHWAYS PRESS



Monday

Tuesday

Wednesday

Thursday

Friday

	<p>1</p> <p>Bake with Gratitude 4pm Compass</p>	<p>2</p>	<p>3</p> <p>Tasty Thursday 4pm Compass</p>	<p>4</p>
<p>7</p> <p>Mac Peds 4pm Zoom</p>	<p>8</p>	<p>9</p> <p>Conversation Corner 5-6pm Missions</p>	<p>10</p>	<p>11</p>
<p>14</p>	<p>15</p>	<p>16</p> <p>Conversation Corner 5-6pm Missions</p>	<p>17</p> <p>Tasty Thursday 4pm Compass Mac Arts Trip McMaster University</p>	<p>18</p> <p>Pathways After School Programming is CLOSED</p>
<p>21</p> <p>Pathways After School Programming is CLOSED</p>	<p>22</p>	<p>23</p> <p>Conversation Corner 5-6pm Missions Team up to clean up 4pm Missions</p>	<p>24</p> <p>Team up to clean up 4pm Compass</p>	<p>25</p>
<p>28</p> <p>Mac Peds 4pm Zoom</p>	<p>29</p> <p>Mac Peds 4pm Zoom</p>	<p>30</p> <p>Conversation Corner 5-6pm Missions</p>		

## ONLINE Tutoring

Tuesday & Thursday on Zoom  
4pm - 7pm

## Pathways After School Programming

Monday and Wednesday at **Mission Services**  
Tuesday and Thursday at **Compass Community Health**  
4pm - 7pm

