

Black History Month

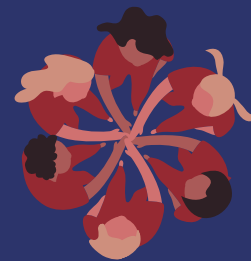
Black History Month celebrates the achievements and contributions of Black individuals and communities. We take time to acknowledge the important role that these contributions played in our society throughout history.

During the month of February Pathways Hamilton will be celebrating Black History Month by sharing historical information and educational resources, and spotlighting Black Canadians on our social media. Follow us there and share in our celebrations!



JOIN THE CONVERSATION ON ANTI-RACISM! JOIN YARC!

Talk to your Coach about YARC
or contact us directly at
pathwaysARC@compassch.org



Parents, we want to hear from you!



Since the pandemic began, we want to know how you think we have done. Pathways wants to know what we can do better to best support your child and family.

Follow this link and complete a short survey to help us serve you better.

<https://www.surveymonkey.com/r/ParentEngagement2022>

Pathways PRESS

February
2022

Kick off Semester two with Pathways Tutoring

Second semester has started! The new semester, brings opportunities to develop new habits, create new goals, and change your approach. It's like having a fresh start! Here are some helpful tips for how to kick off the new semester on the right foot:

- Set aside time to study.
- Break your work down into smaller chunks and give yourself short breaks in between chunks.
- Find a study buddy! Even if you can't meet in person to study, check in over text or by phone.
- Set reminders in your phone for important deadlines and tests.
- Come to Pathways tutoring!!

We know that this semester will be stressful as you return to a full course load. We are here to help!

Pathways tutoring is available online and in person this February. Talk to you Coach for more details.

We hope to see you there!



ONLINE

Monday - Thursday
4pm - 7pm
on Zoom



IN PERSON

Monday and Wednesday
at Mission Services

Tuesday and Thursday
at Compass Community
Health
4pm - 7pm

Are you over the age of 18?
Are you a client of Compass Community Health?
Do you want your COVID vaccine?

Compass Community Health can help you get a vaccine appointment at one of our clinics as long as you meet the following criteria:

18 years old or older

A client of Compass (participate in one of our programs/services)

Talk to your Pathways Coach or Health Care provider at Compass for more information.



COMPASS
COMMUNITY HEALTH



Pathways PRESS

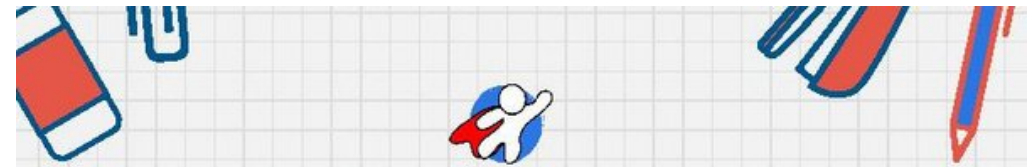
February
2022

PATHWAYS ♥'S PINK SHIRT DAY!



Bullying is a major problem in our schools, workplaces, homes, and online. Over the month of February, and throughout the year, let's lift each other up and aim to stop bullying! CKNW Kids' Fund's annual Pink Shirt Day aims to raise awareness of bullying, as well as to raise funds to support programs that foster children's healthy self-esteem.

Join Pathways on **February 23, 2022** and wear your pink shirt in support of celebrating everyone's true individuality!



MCMASTER CAPE PRESENTS...

JOB SKILLS WORKSHOP

*Thinking of applying or interviewing for a job?
Come learn how to make and perfect a
resume & develop important interview skills!*

THURSDAY FEB. 17
4:00 - 5:30 PM

This workshop will give you an opportunity to learn how to **create a professional resume**. If you have a resume from the past, you can bring it for editing advice! The second half of the workshop will center around a **fun, interactive game** that will allow you to **practice communicating your valuable skills and experiences**.

Attendance will also grant you an opportunity to edit a peer's resume or create informational posts for your peers about how to prepare for job applications or interviews. This can be used to **fulfill volunteer hour requirements**.



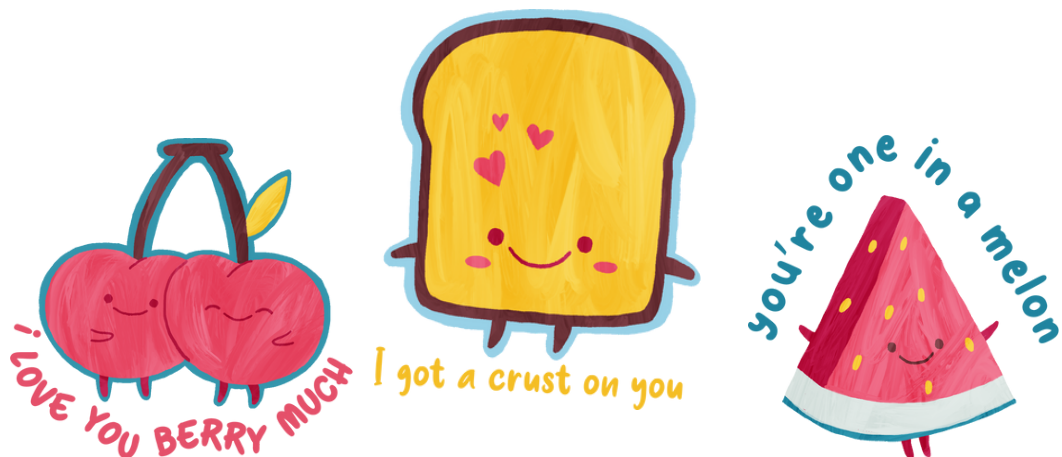
Pathways
to Education

COMPASS
COMMUNITY HEALTH

Have you tried making cookie cereal?

You will need a package of pre-made chocolate chip cookie dough for this recipe.

- 1) Pre-heat oven to 350 °F
- 2) Open package of pre-made cookie dough and roll out into many tiny 1-inch cookie dough balls
- 3) Place cookie dough balls onto baking sheet approximately 0.5 inches apart
- 4) Bake for 5 – 7 minutes or until golden brown
- 5) Use oven mitts to remove from oven and transfer to a cooling rack to cool for about 10 minutes
- 6) Transfer some tiny cookies into a bowl and enjoy with milk!



Join us on Social Media

Did you know Pathways has social media? Add us on Instagram and Facebook to stay in touch & for the most up-to-date information, contests, fun, and more!



@Pathways_Hamilton



Pathways to Education - Hamilton

Add your coach too!



@[Coach's Name]_Pathways



[Coach's Name] Pathways

Share what you made with us on social media!

Check out Padlet for more upcoming events

For more upcoming events and resources check out our Padlet at the link below

https://padlet.com/Pathways_to_Education_Hamilton/wq5fo9tq2l8ntr3

Pathways PRESS

February
2022

Post-Secondary Applications are Complete!!!

Pathways Hamilton supported the completion of 44 College applications and 49 University applications for a total of **93 post-secondary applications!** We are so proud of our graduates and just like them, are eagerly waiting to hear back about their offers so we can celebrate and rejoice where they will be heading in the Fall.

Now is the time for applicants to take a look at scholarships offered at the schools applied to and to register and/or apply for those scholarships, bursaries and awards.

If you are looking for additional opportunities to help pay for school be sure to sign up for www.yconic.com and www.scholarshipscanada.com to receive program and interest specific grants, scholarships and awards.

Next on our pathway to post-secondary, Pathways Hamilton will support students to apply for their Pathways Scholarship as well as OSAP beginning in May 2022. Stay tuned to find out when and where to join a session or speak with your Pathways Coach to learn more.



YOU'RE MY
CUP OF TEA

Do skunks celebrate
Valentine's Day?
Sure, they're very scent-imental!



I LAVA YOU

What did one piece of toast say to the
other?
"You're my butter half!"

What did one light bulb say to the
other on Valentine's Day?
"I love you a whole watt."



You're the apple of my eye

Knock, knock.
Who's there?
Arthur.
Arthur who?
Arthur any chocolates left for me?

Pathways PRESS

February
2022





Monday

Tuesday

Wednesday

Thursday

Friday

 7	1	2	3	4 Valentine's Cards due for volunteer hours!
8	9 MacPeds Volunteer Opportunity 4:45pm	10	11	
14 HAPPY Valentines DAY	15	16	17 McMaster Cape Job Skills Workshop 4:00 - 5:30 pm	18
21	22	23 Pink Shirt Day 	24	25  WE GOT CHEMISTRY
28				

ONLINE Tutoring

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IN-PERSON Tutoring

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