

Live life
more fully!

Consider our
community-based
program to
help you better
manage your
COPD.



Do you have COPD?

If you have Chronic Obstructive Pulmonary Disease
talk with your Doctor about attending our free
10-week pulmonary rehabilitation program

WE PROVIDE THE FOLLOWING :



Education



Smoking Cessation Support



Exercise



Peer Support



Certified Respiratory
Educator Sessions

Access to Health Care Team :



Certified Respiratory Educator
Counsellor
Dietitian
Kinesiologist
Occupational Therapist
Physiotherapist

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COMPASS
COMMUNITY HEALTH

Funding support provided by:

