



Take your health into your own hands,
safely and effectively!

Caring for Your Diabetes Head to Toe

Fri Sept 23 Robin	Compass – main site	9:30-11:00 am
Mon Dec 12 Sonia P	Compass – main site	1:30-3:00 pm
2023 DATES		
Wed Mar 1 Awesta	Compass – main site	9:30-11:00 am
Mon June 5 Robin	Compass – main site	1:30-3:00 pm
Wed Sept 13 Adriana	Compass – main site	1:30-3:00 pm
Thurs Dec 14 Awesta	Compass – main site	9:30-11:00 am

To pre-register please call :

905 523-0090



Compass Community Health
438 Hughson Street North

