

Pathways PRESS

October
2023

Upcoming Events

- Planted in Pathways.....October 4th
- Mac Peds Resident Talk.....October 12th
- Post-Secondary Info Nights.....October 17 & 25
- ..
- Grade 9 Toronto/TMU Trip.....October 20th
- Cherry Hill Fall Hike.....October 20th
- Mac Arts WorkshopOctober 23rd
- Cooking With GratitudeOctober 31st

Join Pathways for a Fall Hike

CHERRY HILL TRAIL

Friday, October 20, 2023
11am-3pm

Bus pick-up: 11am
Missions & Compass

*snacks provided

COMPASS COMMUNITY HEALTH | **Pathways** to Education



Pathways is
CLOSED



Monday October 9th 2023

We wish you a safe and happy
Thanksgivings!

Pathways programming and Pathways Coaches will be unavailable on this day. We will be back on Tuesday October 10th. See you then!

Welcome

AUTUMN

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**Welcome our new
Pathways Coaches!**

Tianna



“My name is Tianna - just like the Disney Princess! I am a fun-loving girl who loves listening to music, cooking new recipes and spending time with friends/family.

You can call me Coach T!”

 tdowney@compassch.org

 289-683-6084

Destiny



“Hi all! My name is Destiny, and I'm so excited to work with Pathways students this year. When I'm not coaching, you can find me watering plants, hunting mushrooms, or lost in a ball of yarn "knitting".”

 dpitters@compassch.org

 289-683-6104

*Make sure you say hi to them and
welcome them to Pathways!*



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POST-SECONDARY INFORMATION NIGHTS

Learn about College and University programs, services and life on campus!

**Tuesday, October 17th
&
Wednesday, October 25th**

4:00pm - 6:00pm

Virtual Event: Get the Teams link from your Pathways Coach

Virtual event where you get to meet and connect with College and University representatives. Get your questions answered easily. Attend BOTH sessions if you want to hear from each of the college and university representatives.




Grade 9 Toronto Trip

Visit Toronto Metropolitan University and Explore Downtown Toronto with Pathways

Dare to Dream

Explore downtown Toronto and see how Toronto Metropolitan University can expand your horizons!

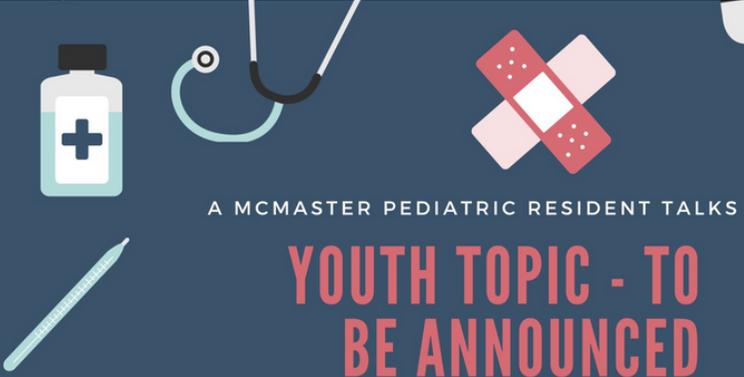
Friday October 20th

9:00am to 6:00pm

Grade 9 Only **Lunch Provided!**

Bus Meeting Locations

Mission Services 9:00am Compass CH 9:15am

A MCMASTER PEDIATRIC RESIDENT TALKS

YOUTH TOPIC - TO BE ANNOUNCED

JOIN THE TALK ONLINE
LEARN FROM A DOCTOR
EARN VOLUNTEER HOURS

OCTOBER 12: 4:00PM - 5:00PM




What's a ghost's favorite street? A dead end



How do skeletons make calls? On the tele-bone



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MAC ARTS WORKSHOP

MISSION SERVICES SITE

SIGN UP WITH YOUR PATHWAYS COACH

MONDAY, OCTOBER 23: 4:30PM - 6:30PM

ACCORDION BOOK MAKING INSTRUCTION & ART CREATION SESSION




Cooking with Gratitude

COOK~EARN~SHARE

Menu: Chili & Cookies

Tuesday, October 31
4:00pm-7:00pm

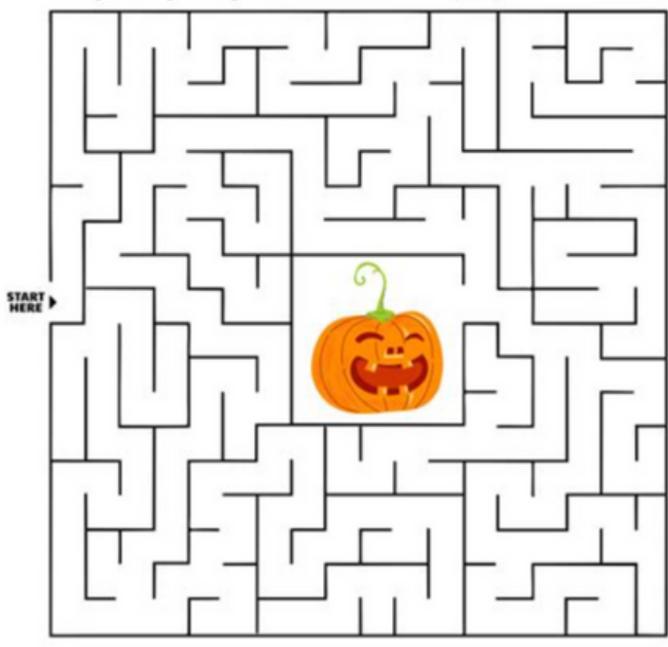
Compass Kitchen

*Ask Coach for details




HALLOWEEN MAZE

Find your way through the maze to reach the pumpkin in the center



REGISTER NOW

Pathways
to Education

Tutoring	Coaching	Scholarships	Workshops
			

Register by October 31!

905 - 523 - 6719 or pathways@compassch.org
www.compassch.org/pre_registration

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Need Volunteer Hours?



Join your friends and Coaches at Pathways to clean up the neighbourhood and earn community service hours for graduation

November 1	November 2
4:30 PM	4:30 PM
Mission Services	Compass CH
(196 Wentworth St N)	(438 Hughson St N)

*Please sign up with your Coach



Pathways
to Education



COMPASS
COMMUNITY HEALTH



What do you get when you drop a pumpkin? Squash.



Where do spiders do their online shopping? On the web



SCHOLARSHIP ALERT!

Earn
FULL SCHOLARSHIPS
for Pathways to Education
youth

Apply by Dec 1 at shad.ca/apply

Scholarships provided by Shad's generous donors



NO BAKE CHOCOLATE CHIP PUMPKIN BARS

- INGREDIENTS:**
- 1 1/2 cups flour
 - 1/4 cup whole oats
 - 1/2 cup pumpkin puree
 - 1/3 cup maple syrup
 - 1/2 teaspoon pumpkin spice
 - 1/4 cup peanut butter
 - 1/4 - 1/2 cup chocolate chips.

- INSTRUCTIONS:**
1. Line a 9 x 9 baking dish with parchment paper, set aside.
 2. Combine all ingredients and stir well to mix thoroughly.
 3. Pour the mixture into the baking dish. Cover with parchment paper on top and smooth the top.
 4. Chill for at least 3 hours in the refrigerator or one hour in the freezer.
 5. Once firm enough, cut into bars and serve



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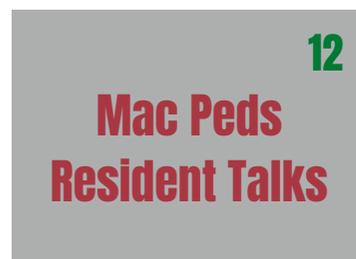
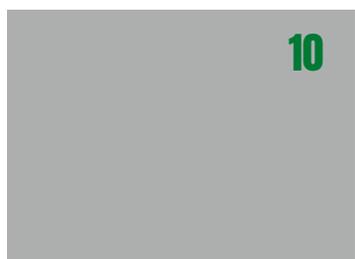
Monday

Tuesday

Wednesday

Thursday

Friday



After School Programming

Monday and Wednesday at **Mission Services**
Tuesday and Thursday at **Compass Community Health**
4pm - 7pm

ONLINE Tutoring

Monday - Thursday
on Teams
4pm - 7pm