Pathways PRESS

June 2023

Upcoming Events

Let's Celebrate Pride.....June 1st

Grub CrawlJune 6th

End of Year CelebrationJune 13th

Last Day of Programming......June 24th

OSAP and Pathways
Scholarship SessionsEvery Thursday

Monday June 26th will be our LAST DAY

of Pathways Programming



We wish you a safe and happy summer! Pathways Programming will be back in September.



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@ COMPASS COMMUNITY HEALTH

HAPPY PRIDE MONTH!

Pathways supports and celebrates our 2SLGBTQIA+ students and community. Join us on June 1st for our pride celebration! Talk to your coach to attend.



Meet at Compass

DAVE IS BACK!

To celebrate we have hidden a picture of him in this Pathways Press.

Can you find him?

Pathways to Education



Pathways PRESS

June 2023







OSAP & Pathways Scholarship Application

- Going to College or University in the Fall?
- Have you confirmed your program?
- Get support to apply for OSAP and your Pathways Scholarship

Apply for OSAP by June 30th!

- Parent's 2022 tax info
- Social Insurance Number
- Online Banking

Connect with your Pathways Coach to register

- On Zoom
- **Thursdays**
- May 18 -
- June 22nd
- 4pm-6pm







COME AND JOIN IS FOR THE

NIGHT!

4:30 - 6:30 PM

THERE WILL BE:

FACE PAINTING

РНОТО ВООТН

SNACKS

GAMES

DDIZES

COMPASS COMMUNITY

HEALTH CENTE

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HAMILTON, ON LSL 4N





COMPASS COMMUNITY HEALTH

June 2023







June

Exam Tips from our volunteer Rochelle!



We interviewed one of our Pathways volunteers, Rochelle, who is a McMaster University graduate, with a Master's degree in Chemistry.

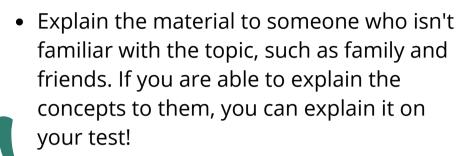
Rochelle has certainly had her share of exams, and has some great wisdom to pass on. Here are her great tips:

STUDYING

Don't cram! Start studying and reviewing ahead of time. Your brain is a funnel so it takes time and multiple sessions to retain material

Active recall is a great study strategy. Instead of studying by highlighting your notes, try this:

- Quiz yourself on the information
- After you've reviewed, make summaries of the information without looking



For memorization, developing tricks like acronyms will help you remember things better!

TAKING THE EXAM

Go into the exam confident and positive! The change in attitude can influence your performance!

Before starting the exam, go through and identify all the questions that you can easily do. Do these questions first so you don't spend so much time on the questions that you may get stuck on. If you get stuck on a question, move on and come back to it at the end

If you are unsure of an answer to a question, don't leave it blank because you could get part marks (which is better than no marks!)

GOOD LUCK!















June

HELLO SUMMER FESTIVALS!



Check out all of these amazing events! For all the details check out tourismhamilton.com

Hamilton Arts Week

June 8, 2023 to June 17, 2023 www.hamiltonartscouncil.ca



Art Crawl on James North

June 9, 2023; July 14, 2023; August 11, 2023

Train Days

with the Golden Horseshoe Live Steamers

Hamilton Museum of Steam & Technology June 10, 2023; June 25, 2023; July 30, 2023

Decoration Day

Dundurn National Historic Site June 11, 2023

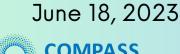


FrancoFEST

June 16, 2023 to June, 18 2023 www.francofesthamilton.ca



Open Streets



SOMETHING ELSE! Festival

June 23, 2023 to June 25 2023 www.somethingelsefestival.com

Soaring Spirit Powwow Festival

June 24, 2023 to June 25 2023

Festival of Friends

August 4, 2023 to August 6 2023 www.festivaloffriends.ca

Dundas Cactus Festival

August 18, 2023 to August 20 2023 www.dundascactusfestival.ca

Winona Peach Festival

August 25, 2023 to August 27 2023 www.winonapeach.com

Pride Hamilton at Pier 4

August 27, 2023 www.pridehamilton.com



June 2023

Monday	Tuesday	Wednesday	Thursday	Friday
			1 OSAP and Pathways Scholarship Session	2
5	6 Grub Crawl	7	0SAP and Pathways Scholarship Session	9
12	13 END OF YEAR CELEBRATION!	14	15 OSAP and Pathways Scholarship Session	16
19	20	21	OSAP and Pathways Scholarship Session	23
LAST DAY 26 of Pathways Programming	27	28	29	30

IN-PERSON Tutoring

Monday and Wednesday at **Mission Services**Tuesday and Thursday at **Compass Community Health**

ONLINE Tutoring

Monday - Thursday on Zoom





4pm - 7pm

4pm - 7pm