

PATHWAYS PRESS

Stay Connected With Us



Getting your
report card and
seeing a
failing grade

Signing up
for a Pathways
Online
Tutoring

Pathways Online Tutoring Returns on January 4th



Monday
through
Thursday



3:00pm
to
7:00pm

Talk to your Coach to book a session and guarantee
the tutoring help you need!

Or drop - in whenever you need help!

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Instagram Contest Alert

GIVEAWAY

Follow

@pathways_hamilton

for giveaway news and
great information about
what's happening at
Pathways Hamilton

*contest open to Pathways
Hamilton Participants Only

Pathways
to Education



follow us @pathways_hamilton
for all the contest details

You can also follow our Pathways staff

@jasmine_pathways	@aayah_pathways	@amarispathways4
@nathan_pathways	@sherri_pathways	@jack_pathways
@brian_pathways	@bahiiyih_pathways	@dawnpathways24
@tarek_pathways	@david_pathways	@kamellia_pathways
@diana_pathways	@tylerpathways	@tricia_pathways
@lloyd_pathways	@dena_pathways	
@raelyn_pathways		

Pathways
to Education



COMPASS
COMMUNITY HEALTH

Post- Secondary Applications

**APPLY NOW
WITH PATHWAYS**

COLLEGE AND UNIVERSITY
APPLICATION SUPPORT SESSIONS

EVERY MONDAY AND THURSDAY

JANUARY 4- JANUARY 28

4:00PM-6:00PM (VIA ZOOM)

*UNIVERSITY DEADLINE JAN. 14

MOHAWK COLLEGE INFO SESSION

JANUARY 21

YOUR PATHWAYS SCHOLARSHIP WILL COVER THE COST!



Talk to your Coach if you would like to sign up!

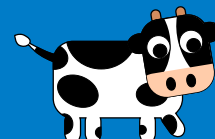
Application deadlines are:

University - January 14th 2021

College - February 1st 2021

What does a cow say on January 1st?

Happy Moo Years!



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Our Favourite Things

As voted on by your Pathways staff! Follow us on Instagram to share your favourite things and vote on ours!

TV Shows

- The Crown 
- The Queen's Gambit 
- The Marvelous Mrs. Maisel

Books

- Tuesday's with Morrie - Mitch Albom
- Eleanor Oliphant is Completely Fine - Gail Honeyman
- Ash Princess - Laura Sebastien

Songs

- Rush - Lewis Capaldi ft Jessie Reyes
 - Just Sing - Anna Kendrick ft Justin Timberlake
 - Diamonds - Sam Smith
- 

Food

- Homemade spaghetti sauce 
- Chocolate covered almonds 
- Lasagna

Hobbies

- Dancing 
- Yoga
- Reading 

Video Games

- Marvel's Spider-Man 
- Animal Crossing
- Fall Guys 

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Finding New Hobbies

brought to you by our volunteers from CAPE at McMaster

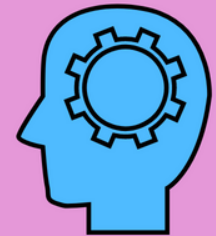


"EVER SINCE
THE
PANDEMIC, I
HAVEN'T BEEN
ABLE TO DO
ANY OF MY
HOBBIES"



FINDING NEW HOBBIES

The pandemic has affected a lot of in-person activities and it can be hard to quickly adjust. Follow these steps to go on a self-exploring journey and discover new hobbies!



FINDING INSPIRATION

Think about the things you like doing now, are they similar in any way? What are some common interests? What brings the most joy?



EXPLORE

Try out each option. Keep an open mind - you might not know you enjoy something until you've done it. Don't give up right away, it takes time to become good at certain things.



NARROWING DOWN THE POOL

Go through each option and see which ones are viable and realistic. Google, research, find guides, and ask friends or family with experience how you can get started.

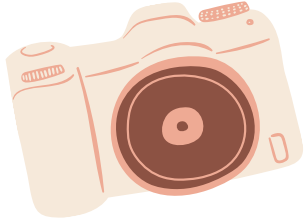


FINDING THE HOBBY

Jot down some ways to fulfill the gaps you just identified. Don't worry about the time-frame or resources, just brainstorm freely!

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Finding New Hobbies Continued...



HOBBIES

Having difficulty coming up with ideas? Here's some ideas:

- Cooking
- Drawing
- Make a YouTube channel for something you enjoy
- Make a viral TikTok
- Photography
- Puzzles
- Knitting
- Write a short story
- Try out a new sport
- Learn to juggle
- Find a cool podcast
- Try a new video game
- Look into a conspiracy theory
- Learn photoshop
- Learn how to code
- Start working out
- Calligraphy
- Learn to budget
- Learn a language
- Try to beat a world record

CHECK OUT CAPE ON:



@mcmaster_cape



McMaster CAPE



mcmastercape.com

PATHWAYS YOUTH LEADERS

BECOME A PATHWAYS YOUTH LEADER

JOIN US FOR A 4 WEEK TRAINING PROGRAM TO EQUIP YOU TO BE A PATHWAYS YOUTH LEADER

TRAINING
BEGINS ON
JANUARY 20TH

LEADERSHIP
OPPORTUNITIES
START IN FEBRUARY

SIGN UP WITH
YOUR COACH
TODAY

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Pathways to Education

ONLINE TUTORING HELPS

"Pathways to education Tutoring makes you realize, help is still available, even in this tough time. They will support you and walk with you on the path on success."

Pathways Participant - Class of 2022

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Pathways to Education Hamilton
is proudly hosted by
Compass Community Health



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January 2021 Events Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
4 Post-Secondary Application Session 4pm on Zoom	5	6	7 Post-Secondary Application Session 4pm on Zoom	8
11 Post-Secondary Application Session 4pm on Zoom	12	13	14 Post-Secondary Application Session 4pm on Zoom	15
Pathways Hamilton Instagram Contest - follow @pathways_hamilton for more details				
18 Post-Secondary Application Session 4pm on Zoom	19	20	21 Post-Secondary Application Session 4pm on Zoom Mohawk College Q&A	22
25 Post-Secondary Application Session 4pm on Zoom	26	27	28 Post-Secondary Application Session 4pm on Zoom	29

Pathways Online Programming

Monday - Thursday

3pm - 7pm

Drop - in and scheduled sessions are available talk to your Coach for more information.

**** Please be advised that the events on this calendar will use **DIFFERENT** Zoom links than Pathways Tutoring ****